



Executive Coach: Corena profile



Professional background

Corena is a communication and leadership coach with deep experience in both global Fortune 100 companies and smaller companies navigating rapid growth and changing culture. She draws on her career as an actor to help clients develop the presence and skill required to achieve more confidence in their own voices and more courage and comfort in their ability to influence people, decisions and outcomes. What she learned about human behavior, emotional intelligence, collaboration and motivation as an actor strongly informs her understanding and messaging about how these things drive the outcomes of our work and lives. She works in an array of industries including financial services, law, management consulting, tech and media.

As a communication and difficult conversations coach, Corena is dedicated to helping equip those with influence to be effective change agents in the service of equity and inclusion. To embolden her clients to find the language and resources they need to challenge harmful norms and lean into the conversations they fear most—the ones that will unleash the best in themselves and the people around them.

She has an MFA from Yale University and is a certified through Columbia University's Executive Leadership Program as well as the International Coaching Federation.

Workshops

Corena also brings structured learning to groups within an organization. She designs and delivers engaging learning environment tailored to the needs and priorities of the team. Whether there's a desire to address gaps or to build on strengths that warrant further development, Corena tailors her offering as needed. Below are examples of topics she covers:

- Leadership Development Skills
- Delivering Feedback & Difficult Conversations
- Influencing Others
- Presentations & Public Speaking
- Coaching Skills for Managers and Leaders
- Equity and Inclusion

References

"As a coach, Corena combined insights with thought provoking questions that allowed me to become a more effective and purposeful leader. I credit her with helping me develop tools and techniques to excel in a complex environment during challenging times"

– Executive Vice President,
American Television Network

"My work with Corena has helped me slow down and respond with more empathy while also feeling more confident as a (female) leader in on-going, complex dynamics. Corena has an equal amount of emotional and logical intelligence which she moves between fluidly ... essentially, she helped me figure out how to do the same thing"

— Showrunner/Executive Producer,
American Premium Television Network

Corena's guidance and insight has greatly improved my ability to navigate business challenges associated with rapid growth. Additionally, our entire team has benefitted and thrived as a result of my improved and more empowering leadership skills"

– Chief Global Operations Officer,
Promotional/Branding Product Design Company